New Theological Seminary of the West

A NTSWEST FALL COURSE OFFERING

A Spirituality for Busy People

The goal of this practicum is to help busy people integrate their faith and spirituality. You will be asked to examine your lives and the world within which you live, along with your spiritual orientations and strivings, in order to identify both obstacles and opportunities for your spiritual journey. We will explore: calling, spiritual practices, responding to challenges, and the need for rest. Together we will develop an approach to spirituality that informs, supports, and connects with your particular daily life.

1 unit
Tuesdays: Sept. 9, 23; Oct. 7, 21; Nov. 4, 18; Dec. 2

INSTRUCTORS

Rob Tribken is the Chairman of the Center for Faith and Enterprise. He is founder and C.E.O. of Bestfresh Foods, Inc. that provides packaged items to retail chains. A graduate of Harvard Business School (M.B.A.) and Fuller Theological Seminary (M.A.,Theology), he conducts retreats and writes on the subject of the integration of faith and work.

Shelley Irvine is the Director of Spiritual Guidance Ministries at the La Canada Presbyterian Church. A certified Spiritual Director, she leads various spiritual formation activities, including the Companions for the Journey program and the congregation's spiritual direction program.

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